

Rewards

- You've earned 30 minutes of lego building with parent
- You've earned 30 minutes on the computer
- You've earned 30 minutes on the games console
- You've earned 30 minutes on the electronic tablet
- You've earned a movie night/afternoon at the cinema
- You've earned a movie night/afternoon at home
- You've earned an arts and crafts activity with parent
- You've earned a baking activity with parent
- You've earned having a mini spa day with mum
- You've earned inviting a friend for a play date
- You've earned inviting a friend for a sleep over
- You've earned an outing to a play park
- You've earned an outing to a soft play space
- You've earned playing football/cricket with parent
- You've earned an extra story book at bedtime

*Please feel free to print this list. And of course to add your own rewards to!
It is best to print on cardstock. Cut each reward out as a strip and place it in an envelope or tub ready for when you need it.*